

MENU

Three Rivers
Week 1 of Oct 5th



Monday

Bourbon Chicken Thighs
Cantonese Stir fry
Szechuan Green Beans
Bourbon Street Sauce

Hoisin Glazed Beef
Jasmine Rice
Lomein Noodles
Asian BBQ Glaze
Lumpia

Soup: Loaded Potato

Grill: American Sloppy Joe



Tuesday

Chicken Pollo Asada
Charro Beans
Black Beans
Churros

Barbacoa Beef
Cilantro Lime Rice
Herbed Cauliflower

Soup: Chicken Tortilla

Grill: Chicken, Swiss, and Bacon



Wednesday

Cuban Mojo Chicken
Braised Cabbage
Black Beans and Rice
Mojo Sauce

Cuban Pork Roast
Yellow Rice
Haitian Shrimp Creole
Spinach

Soup: Broccoli Cheddar

Grill: Chili Cheese Hotdog



Thursday

BBQ Chicken Quarters
Baked Beans
Honey Butter Corn on Cob
Memphis BBQ

BBQ Spare Ribs
Macaroni and Cheese
Southern Style Green Beans

Soup: Chicken Noodle

Grill: Philly Cheesesteak



Friday

Chicken Marsala w/ Mushrooms
Garlic and Spiced Roasted Broccoli
Roasted Rosemary

Italian Style Meatballs
Zucchini
Penne Pasta w/ Parsley
Pomodoro Sauce

Soup: Smoked Gouda

Grill: Steakhouse Burger